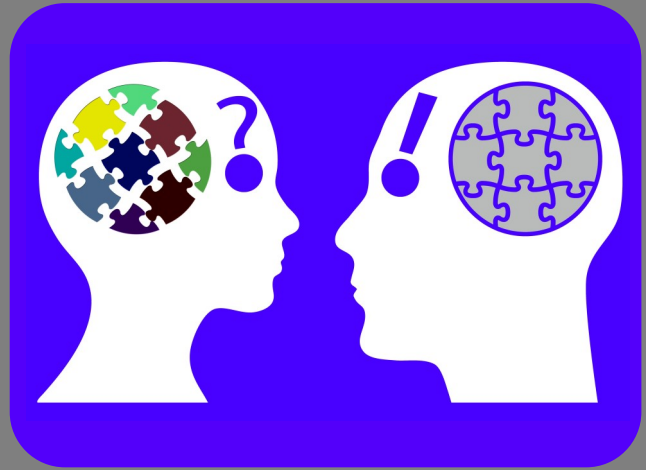


Right Here Right Now

CPD for qualified counselors and psychotherapists, and those in training.

CPD Certificate: 6 Hours

Date & Time:
Saturday 25 June 2016
10:00—5:30



More Information

Venue

BPP University
32-34 Colmore Circus
Queensway
Birmingham B4 6BN

Cost : £20.00

[This is a pilot fees greatly reduced]

Booking & Payment

wanjiku@cascadetherapy.co.uk
0121 684 1053

Day's Content

Research** indicates that the quality of the relationship between therapist and client matters more than the therapist's modality / approach.

Yet working relationally can prove difficult in practice.

In this training day we will use Applied Improvisation* exercises, and discussion, to enhance your relational approach as a therapist.

** There is no performance involved in this workshop.*

This creative and practical workshop combines core ideas on working relationally, with the experiential tools of Applied Improvisation*. It will enable you to feel more present, more connected, and more confident about consciously working with interpersonal dynamics and patterns.

It will help you:

- Support yourself and your clients to stay in the here and now
- Attune to clients' verbal and non-verbal communication
- Notice and work with contact and connection
- Understand and manage fear and shame processes
- Cultivate creativity, intuition, trust and resilience in your relational work